Crisis/Threat Continuum

**LEVEL OF CONCERN**

- **LOW**
  - 1st time seeing a concern
  - Makes you or others uncomfortable but nothing specific
  - No direct threats made

- **MODERATE**
  - Not the first time seeing a concern
  - Continuation (persistence) of low-level behaviors
  - Threat implied or issued in a vague manner
  - Threat through verbal or electronic medium
  - Quick change in disposition or behavior

- **HIGH**
  - Any serious/severe incidents
  - Multiple incidents in short time frame
  - Multiple concerns (pervasive) or escalating from the “low” to “moderate” continuum
  - Access to or potential to access weapons
  - Clear direct and specific threat and/or plan

**EXAMPLES OF BEHAVIORS**

- Excessive eye rolling
- Constant interruptions
- Annoying behaviors
- Crying, sad, angry
- Apathy, lack of energy
- Delayed responses
- Distracted or difficulty concentrating
- Impulsive
- Interference in your or other’s learning or work duties
- Seeking “revenge”
- “You’ll be sorry” or “You’ll pay for this”
- Disrespectful, rude
- “You are incompetent & stupid”
- “I don’t care if I live anymore” or “No one will miss me”
- Feelings of hopelessness
- Threatening and posturing in intimidating manner
- Violent statements
- Hate speech
- Physically violent

*Adapted from Student Emergency Services & the Behavior Concerns & COVID Advice Line (BCCAL), UT Austin*